

FINDING FREEDOM FROM YOUR PAST

1. ACCEPT WHO WE ARE

Romans 3:23 (ESV)
for all have sinned and fall short of the glory of God,

Psalm 51:5 (NRSV)
Indeed, I was born guilty,
a sinner when my mother conceived me.

2. CONFESS OUR WRONG TO GOD

Psalm 32:5 (NRSV)
Then I acknowledged my sin to you,
and I did not hide my iniquity;
I said, "I will confess my transgressions to the LORD,"

3. ACCEPT GOD'S FORGIVENESS

Psalm 32:5 (NRSV)
and you forgave the guilt of my sin.

4. THE GUILT HAS BEEN PAID.

Romans 8:1 (NRSV)
There is therefore now no condemnation for those who are in Christ Jesus.

5. STEP FORWARD FREE

Philippians 3:13 (NRSV)
But this one thing I do: forgetting what lies behind and straining
forward to what lies ahead,