

Lent 2024

with The Catholic Guy

Get Yourself Ready for Lent

Lent – A time when we look at our spiritual life.

The Church uses a Liturgical or Worship calendar each year.

I could not speak to you as spiritual people, rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food.

1 Corinthians 3:1-2

Deeply Catholic and Christian Questions to consider:

Are you the person God wants you to be right now?

Are you doing the things God wants you to be doing right now?

How is your relationship with God going?

Are you happy?

How is your marriage?

Are you in the right job, studying the right course?

Did you think when you got to the age you are now, that this is what your life would be?

What is a Lenten Retreat or Mission?

1. Time to REFOCUS on God's vision for your life.
2. RESOLVE to do the things that are right for you (practical).
3. Time to REMEMBER who we want to be and who God wants us to be.
4. Time to change – REPENT.

Share this link with friends and family: [BruceDownes.org/LentMission](https://www.BruceDownes.org/LentMission) so they can be part of this Lent Retreat.